

What is bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This bullying could be done in different ways, including:

VERBAL

Name-calling, making fun, teasing, spreading rumours, swearing etc.



RACIST

Name-calling because of the colour of your skin.

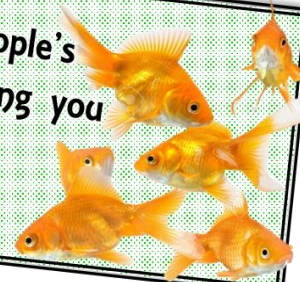
PHYSICAL

Pushing, kicking, hitting, spitting, punching etc.



EMOTIONAL

Hurting people's feelings, leaving you out etc.



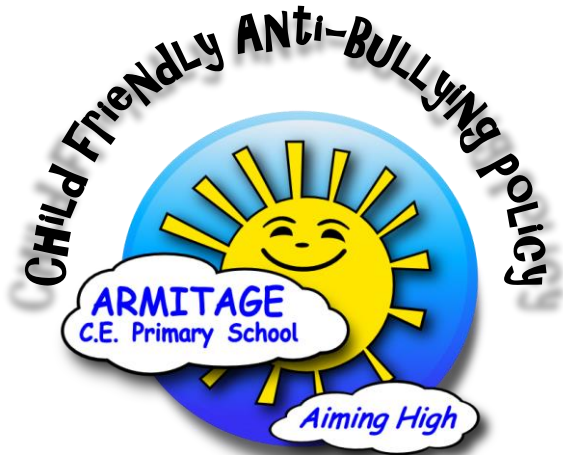
CYBER

Saying unkind things or making threats through email, internet chat rooms, social media, the VLE, text messages etc.



Using language which is motivated by a prejudice against lesbian, gay or bisexual people.

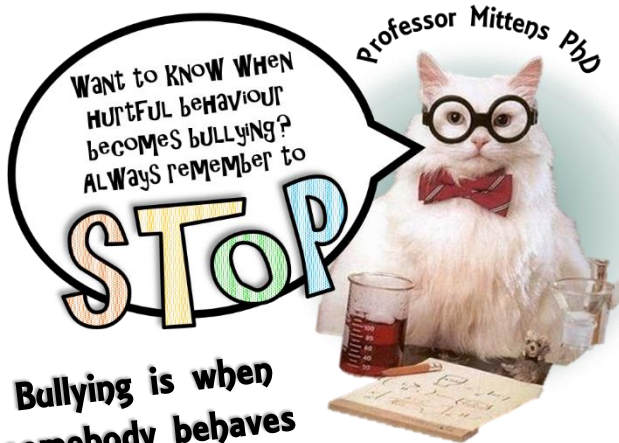
HOMOPHOBIC



This child-friendly Anti-Bullying Policy is in place so that everybody within our school community knows what bullying is and what to do should bullying occur. It is important that all pupils, staff, governors and parents/carers have a shared definition of bullying and know that incidents will be dealt with quickly and effectively.

This policy has been created by staff, children, parents and carers of Armitage Primary School in April 2016 and will be reviewed again accordingly.

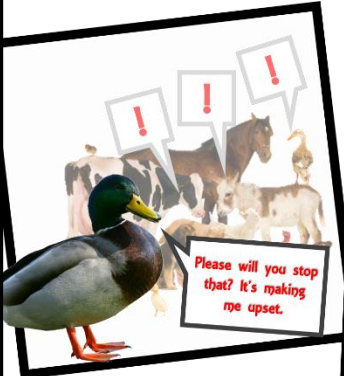
When is it bullying?



Bullying is when somebody behaves in a hurtful way...

Several
Times
On
Purpose

What should I do if I am being bullied?



1) Ask them to stop if you can.

2) Stay calm and walk away from the situation.



3) Talk to your true friends about what is happening.

4) Tell any trusted adult that works at Armitage.



Who can I tell if I am being bullied?

